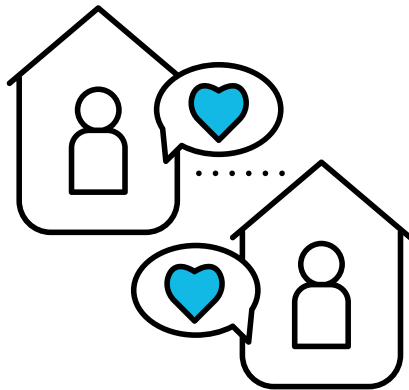


Be a Vaccineighbor

So you got the COVID-19 vaccine, now what?



Spread the word!

Join your fellow Northlanders in connecting with 1-10 neighbors, family members and friends about their vaccination plans.

Do your part:

Continue to follow CDC guidelines: Mask up around unvaccinated folks, social distance and wash your hands.

Who are the people in YOUR neighborhood?

- Have they been vaccinated?
- Do they need help navigating the system?
- Help make a vaccination plan. A step by step guide is on the back of this flyer.



The case for vaccination:

Over 80% of your neighbors and over 210 million people in the United States have been vaccinated! Join them and protect yourself and your community from Covid-19! Vaccinations are FREE, SAFE, and EFFECTIVE at limiting spread of Covid-19 and preventing the most serious impacts of the virus. 99% of those who are hospitalized with Covid-19 today are unvaccinated.



Assistance is available:

- AICHO: 218-215-2760
- Access North: 218-625-1400
- Lighthouse for Vital Living: 218-624-4828
- Health Equity Northland: 218-461-8039



Scan here



Visit bit.ly/HealthyHillside or scan the code above for more resources.



Make a vaccination plan!



Below is a step by step guide to create a vaccination plan for you or a neighbor. Let's protect each other and end this pandemic!

Determine your eligibility:

- Everyone age 5 and older is eligible for vaccination.
- Booster shots are available to everyone ages 12 and older who are vaccinated.
- Youth must be accompanied by a parent or guardian or bring a consent form.

Make an appointment (some sites may allow walk-ins):

- Lake Superior Community Health Center (Pfizer, Moderna): 218-722-1497
- St. Louis County Public Health (Pfizer, Moderna, Janssen/J&J): 218-726-2623
- St. Luke's Hospital (Pfizer, Janssen/J&J): 218.249.4200
- Essentia Health (Pfizer, Moderna, Janssen/J&J): 833-494-0836
- Walgreens (Pfizer): 218-724-3060 or 1-800-925-4733
- Sam's Club (Moderna): 218-722-9740

Schedule a free ride to and from your appointment:

- Uber Health: 218-336-1038 *smart phones are not required for this service*

What to bring to the appointment:

- If you have health insurance, bring your insurance card (you do not need health insurance to receive a free Covid-19 vaccination).
- If you are returning for your 2nd dose or booster, bring your vaccination card.

What to expect at the appointment:

- Appointments are fast and safe. After receiving your vaccination you will wait onsite for 15-30 minutes. You will get a vaccine card with information about the vaccine you received.
- You may be asked to schedule a follow up appointment for a 2nd dose.

What to expect after vaccination:

- Vaccinations trigger an immune response in your body. This may feel like mild illness with fever, body aches, and tenderness at site of vaccination. This can last between 12-48 hours.
- You are considered fully vaccinated 2 weeks after your booster.
- Save your vaccination card in a secure location. DO NOT laminate your card.